

HERITAGE SKILLS QUILTING SEMINAR “QUILTING ON THE MOUNTAIN”

Co-sponsored by: The Tennessee Family and Community Education Council
and The University of Tennessee Extension

Monday-Thursday, October 5-8, 2009
Clyde M. York Training Center, Crossville, TN 38572

For more information, visit us on the Web at:
<http://uteasternregion.org/fcs/Heritage%20Skills.htm>

“**Quilting On The Mountain**” (more like a retreat than a seminar) is semi-structured and very relaxed. Instead of formal classes, each project will be demonstrated with instructions. Participants then will be given time to do as much as or as little as they like. A variety of projects have been planned so there is something of interest for everyone. Some participants want to finish projects while others like to work to the point they know they can finish the project at home.

The seminar runs Monday through Thursday. The registration fee covers meals, refreshments, lodging, insurance and instruction.

A very limited number of semi-private rooms are available for an additional fee. These rooms will be assigned on a first come basis - **in the order registrations are received**. If you want a specific roommate, **registration should be sent together**; rooms will not be held. If we have more requests for these rooms than we can accommodate, money will be refunded.

A variety of classes, workshops and other activities are planned for each day. A few require an additional registration fee, which are to be paid at the seminar. Some are limited in size and will be offered on a first come basis - register early to assure you get those you are interested in. After your registration is received, you will get a confirmation and additional information about the seminar. You will need to **bring supplies listed in the descriptions and the confirmation letter**.

Many of you have expressed an interest in purchasing “**Quilting on the Mountain**” t-shirts. We will have short sleeve and long sleeve shirts in gold again this year for those who did not get one last year. Shirts are \$15.00 each. Pre-order t-shirts by checking the appropriate items on the registration form. Deadline for pre-ordering t-shirts will be **September 1, 2009**. **PAY FOR THESE ITEMS WHEN YOU PICK THEM UP!**

PROJECTS, CLASSES/WORKSHOP WITH LIMITED PARTICIPATION AND/OR FEE
(Mark your registration form if you want to participate in any of these projects, classes or workshops. *Fees will be paid at the seminar.*)

Applique` - Beginning Needle Turn Hand - LAYERED HEARTS - Shirley Allen

This mini workshop will help you with your hand applique` techniques. **Supplies needed:** 12 X 12 in. of a light background fabric, 12 X 12 in. fabric for large outer heart, (in print, check, stripe, or small plaid), 9 X 9 in. fabric for inner heart, (in small to medium floral or print), thread to match fabrics, 10 or 11 milliner needle; **additional supplies:** scissors, pins mechanical pencil, thimble-optional. Shirley will also provide a sheet of helpful hints for the class. **Class is free and is limited to 15 and is a 2 ½ hour class.**

Basic Machine Quilting – Verda Hopkins

This **3 ½-hour class** will teach you a lot about your machine and give you the basic techniques used to quilt by machine. **A materials list will be in your confirmation letter. This class is free and limited to 15.**

Battenburg Mini Heart Lace Ornament Workshop - Betty Haskell

This technique can be incorporated into your quilt projects. This is a **2 ½ hours workshop** on hand stitching. This mini-ornament **kit is available for \$3.00 and limited to 10.**

Crazy Quilt Hand Embellishment - Lonna Hammond and Pat Hawk

Continuation of our study of crazy quilt stitches. We will review last year's stitches and learn new stitches. Knowledge of simple embroidery is helpful but not required. Even "sane" quilts look great with some embroidery and embellishment. This is a fun workshop with great group participation. **Supplies:** a crazy quilt block (look on line for examples of crazy quilt blocks (e-bay is a great source), a regular quilt block, or a 10" piece of muslin to practice on; embroidery floss, pearle cotton (#8 or 12 works well), silk floss, silk ribbon (whatever you prefer); charms buttons, or small embroidered pieces; as well as hand needles and a pair of scissors. If you want some suggestions we will help. Crazy quilting is portable and fun-no seams to match! **No charge; approximately 2 ½ hour class. All are welcome.**

Hand Quilting - Billy Summers and Gail Norton-Repeat from last year.

This class will help you to finish your UFO's by learning to sandwich your quilts, mark them and quilt them. **Supply list:** natural or cream quilting thread, thimble to fit 3rd finger, quilting needles (we use 10 or 11), masking tape, 2-12x12 inch square of muslin, 12 x 12 inch batting, flat frame or quilting hoop. **No charge. Class is limited to 10; 2 ½ hour class.**

'3-Dimensional' Flowers -Dianne Page - Repeat of last year's class.

If you are interested in taking your quilts one step farther, then '3-D Flowers' is for you. In this class you will be making about 8 different flowers including the famous yo-yo, but taking it one step farther. Making buds & stems will be included. You can make 3-D leaves for your flowers. You can use them separately or together in one big bouquet with a vase. You can copy your choice of a vase or one of several basket patterns to put your flowers in as well. Each flower will be illustrated in steps for ease in understanding directions. **Supply list:** strong hand quilting

thread (white or beige) for gathering and sewing, hand sewing (sharp) needles, thimble, needle grasper/puller, sharp pointed small scissors. Shank buttons for use in center of flowers – gold, white, yellow, or red, mechanical pencil for drawing, ink pen for note. Several coordinating fabrics for flowers plus greens for leaves and stems. More information in confirmation letter. **This is free, 2 ½ hour workshop and limited to 10.**

Japanese Flowers - Dianne Page - If you have the book, “Fabric Flowers” by Kumiko Sodo, bring it with you to class. We will be making 4 of the flowers from her book and preparing blocks to be made into a 4-Block wall quilt. If you are adventurous and able to work with small stitches, then this will be great for you. They are not difficult, just time consuming, but the final product is unbelievable. Some origami will be used. **Supply list:** (similar to ‘3-D Flowers’), will be sent with confirmation letter. **This class is free, 2 ½ hours and limited to 6.**

Mystery Quilt - Lonna Hammond

This year an easy quilt that looks impressively complicated. All the cutting is done before you arrive (can be done after you arrive). All you have to do at camp is sew. The quilt will finish 64" x 77" or you may make it larger by adding more borders or bigger borders. **Supply list:** Pattern calls for a **Feature fabric** - 2 yards; **background fabric** - 1 ½ yards; **coordinate A** - ½ yard; **coordinate B** - 1 ¼ yards. Coordinate B and Feature fabrics are used in the borders. Plan on additional fabric if you want larger borders or more borders. Please mark Mystery quilt if interested. There will be a \$3.00 printing charge only for this quilt.

Stain Glass Leading – Verda Hopkins - How many of you have stain glass projects that you would love to finish? Vera is willing to teach this workshop on how to make bias binding leading and using your purchased pattern to accomplish a stain glass masterpiece. **This class is free, 2½ hours and limited to 15.**

PROJECTS WITH DEMONSTRATION AND/OR INSTRUCTIONS

Christmas Tree Placemats - Marie Wolf and Joan Koren

This is a beginner-type project. **Supply list for 4 mats:** Approx. 1/4 yd. of 8-10 different Christmas-type fabrics (cut into various widths of 1-1/2 to 2-1/2"), 1 yd. for backing fabric, cut into 4 equal sections (or use 4 fat quarters), 2 yards craft fleece approx. 1/4" thick, matching thread, basic sewing supplies, Black sharpie pen. This will make 4 placemats.

Fabric Wallet - Sassy Foster

Sassy will be presenting a fabric wallet. Every one will want one of these. **Supply list:** 7" zipper to match binding fabric, 1 1/2" x 3/4" Velcro hook & loop, 2 3/4" x 4" of 12 mil clear vinyl, 3 coordinating fat quarters, 9" x 18" cotton batting, 3/8 yard of 22" wide medium weight one-sided fusible interfacing, thread to match binding fabric.

"Four of Hearts" a Four Patch Quilt - Elaine Lindsay

This quilt can be made from charm packs, layer cakes or 10" squares, throw size is 58" X 76". You will need the following **supplies:** sewing machine, neutral thread, 3 yard light or medium interfacing, 1 layer cake or 4 charm packs or 40 – 10" squares, background fabric - 2 3/4 yards, first border - 3/8 yard, outside border - 1 1/4 yards and the instruction book "*Piece of Pie*" – cost is \$15.00. **If you need the book please mark your registration form.**

Hot Iron Carrier/Ironing Mat - Wanda Somers

How many times have you been ready to leave your sewing day/retreat and realize you forgot to let your iron cool? This is a great ironing mat that can also be used to carry your hot iron. You simply unplug your hot iron, draw up the mat around the iron into a neat carry bag and carry it home. There is no need to wait while it cools! The pattern states that this carrier has been tested with a standard home iron on the hottest setting. And this pattern is easy, even for a beginner! **Materials Needed:** 2/3 yd. quilted heat-resistant silver ironing board pad with cotton batting attached, 1 1/4 yd. 100% cotton fabric (This will be the outside of the carrier). 3 yards 100% cotton cording, (3/16" - 3/8" diameter), light gray thread and thread to match your outer fabric. Note: *It is very important to use all cotton materials as the heat of the iron will melt synthetics.*

Grocery sacks - Debra Carroll

Many of you have tons of plastic bags, for those who would love to reduce landfill waste and reduce uses of plastics, lower retail costs, use some of your some stash and give as great gifts. **Supply list:** 1/2 yard cotton fabric (42" wide), thread.

Snowmen in the Woods Wall Hanging - Bev Lotz

Here's a cute snowmen wall hanging (37" x 46") that's easy to make. It combines some piecing for the snowmen, a little easy paper piecing for the trees, and some raw edge machine appliqué to decorate the snowmen. For this fun project that's adapted from the **Nov. /Dec. 2003**

Quiltmaker magazine, you will need: Border fabric (1-3/8 yd. dark blue print); **Background and binding fabric** (1-7/8 yd. medium blue print); **Sashing and inner borders fabric** (1-1/4 yd.

light blue print); **Snowmen fabric** (1/2 yd. white solid or white tone on tone); **Tree fabrics** for paper piecing (assorted green print scraps that measure at least 5" totaling about 1/4 yd); **Tree trunk fabric** (1-1/4" x 16" scrap); **Decoration of snowmen** (assorted scraps of both red and orange prints for mittens and carrot noses and black for coal eyes and buttons along with some scraps or a small amount of double face interfacing for decorations); **Backing fabric** (1-1/2 yd.); and **Batting**. You may want to add 1/3 yd. extra backing fabric for hanging sleeve. Notions and **extras**: 2-1/2 yd. of brown bias tape for arms (branches); black embroidery floss if you'd rather satin stitch the eyes instead of appliqué.

Seminole Piecing - Maria Rakaska

This will be presented to the group and as a workshop. This is a strip piecing technique combining two, three and four strips, sewing together, then cutting segments and assembling in a stair-step arrangement. There are a lot of variations. In the class setting they will make as many bands as time allows. These can be used in quilts, as sashes, or borders: in pillows, table runners, embellishment or jackets and skirts. **Supply list**: sewing machine, neutral thread, mat rotary cutter, ruler, basic sewing kit, fabric: 2 strips 2 ½ wide medium color, 1 strip 2" wide light color, 2 strips 3 ½" wide dark color, all must 42" long. Feel free to bring extra strips, as Maria will help you make decisions on colors choices. The workshop is **open to all**, there is **no additional cost**, please **come prepared with your supplies and strips cut**.

String Quilt Ornaments - Lonna Hammond

Get a head start on Christmas by making some string quilt ornaments. A great way to use up some of your Christmas fabric. **You will need**: muslin for the backing, strips of Christmas fabric (any width but no larger than 1"), left over pieces of thin batting, and something to use for the hangers, I used gold cord. The ornaments are about 4"to 5" long.

Walker Caddy - Dianne Page

Two years ago I had to come up with some 'walker caddy' patterns for my quilt guild. Only finding 2 very complicated ones on the internet, I started thinking. While at QOM I decided to use some placemats I had and a simple, but useful 'walker caddy' was born. It is so simple, you will say, "Why didn't I think of that?" **Supply list**: 2 or 3 different shaped – cheap, simple, cotton placemats, or some older ones in good condition. You will need basic sewing supplies, strips of Velcro, fabric glue, buttons, charms, or embellishments. Could be a very simple service project.

ADDITIONAL ACTIVITIES AND INFORMATION

Surprises - There may be other ideas demonstrated. Someone may bring something to work on and be willing to share their pattern. So, gather up your scraps and maybe some extra yardage from your stash and let's make some handy items as we quilt on the mountain. Also, bring some fiber-fill and batting scraps. By popular demand, we are going to make the breast cancer heart pillows again this year. Let's beat last year's total of 225 + pillows. Please bring fabric and stuffing. Make as many as you can; they are truly appreciated! Patterns will be available.

Show-N-Share - Everyone is asked to participate in Tuesday night's "Show-N-Share". Bring something to show that you have made, received or bought pertaining to quilting and/or related skills. We would like for everyone to share their carry along project also. By request, some of the things that were shown last year have been developed and included in the seminar this year.

Quilt Shop – Simply Southern Quilts and Gifts – Cheryl Hackett, owner
There will be a complete quilt shop on site for your convenience with Cheryl Hackett from Sparta, as the shop-keeper this year. Please welcome her to our camp. Cheryl has requested that if any teachers need certain supplies to let her know immediately, so she can help you out with your class supplies or necessities.

Silent Auction - We would appreciate your help with the silent auction again this year. You may contribute articles that you have made or have that you will never use; books or magazines that you no longer need, a kit you will never make, a project you have started but will never finish, etc. Now is your chance to get rid of some of those things that you just don't know what to do with and at the same time maybe find that pattern or book you missed, or the fabric you have been waiting for and maybe some buttons to add to your collection. Who knows? What a great way to clean out your magazine rack. Money from the auction goes to help purchase new items for the seminar. In the past, cutting tables, mats, ironing station supplies and other items needed for the seminar have been purchased. Please help support this auction.

Equipment - Please bring a name tag to camp with your name, city, state, and quilt guild if you are a member. Bring all the usual items you would need when sewing or quilting. Because of the electrical system at camp, ironing stations will be set up for your convenience. Please bring a surge strip and a heavy duty extension cord.

Quilting - If you would like specific help with any problem that you have with quilting, make a note of it on your registration sheet. We have lots of talented quilters that will help you.

Think Comfort – The camp is on the mountain so the nights can be rather cool. You will need a jacket along with your pillow, bed and bath linens. A wool blanket will be available; if you would like one; ask for it when you register. Some prefer to bring a quilt from home. A cushion would make the days more comfortable on the folding chairs. Some like to bring a flashlight.

Registration Reminder - Be sure to follow the instructions of #2 on the registration sheet so you can receive your confirmation. Also, please check the class(es) limited in size and/or the workshop(s) that you are interested in so the presenters will know how many to prepare for.

If you receive confirmation for a workshop, PLEASE be prepared with all supplies and fabrics precut before class. If you decide to NOT take a workshop you have received confirmation for, please let Debra know before seminar, so that you can be replaced. Remember workshops are limited and require extra preparation that can not be done at a last minute's notice. Please take into consideration the teachers that prepare for this seminar and the others that would like to take part in the workshops as well.

HERITAGE SKILLS QUILTING SEMINAR

REGISTRATION FORM

1. Submit Registration Form and fees to:

Debra Carroll
497 Carroll Hollow Road
Clinton, TN 37716
(865) 457-9401 Email: djcarroll497@comcast.net

2. Make check payable to **Heritage Skills Quilt Seminar**. Enclose a **self-addressed stamped (business-type) envelope** for confirmation of registration and further information. A 75¢ charge will be added if no self-addressed stamped envelope is enclosed.

NAME _____
ADDRESS _____
CITY, & STATE _____ ZIP CODE _____
PHONE _____ E-MAIL _____

(Keep phone # private yes/no) (Keep E-Mail private yes/no)

Please register me for the following:

_____ Full seminar \$190.00 _____
_____ Cedar Lodge (limited number of semi-private rooms) \$15.00 _____
Total enclosed _____

(Registration fees are for meals and lodging only; checks will not be cashed until seminar. No refunds after September 25, 2009.)

Projects, Classes and Workshops with limited participation and/or fees that I want to participate in:

_____ Applique' beginning needle turn (free, limit 15)
_____ Basic free motion machine quilting (free, limit 15)
_____ Battenburge Lace Heart Ornament (\$3.00 pay at seminar, limit 10)
_____ Crazy Quilting Hand Embellishment (free, no limit)
_____ Hand Quilting (free, limit 10)
_____ 3-D Flower Basket (free, limit 10)
_____ Japanese Flowers (limit 6)
_____ Mystery quilt (\$3.00 for printing costs only)
_____ Stain Glass Leading (free, limit 15)

Projects with Demonstrations and/or Instructions that I want to participate in:

_____ Four of Hearts, "Pieces of Pie" book (\$15.00)
_____ Hot Iron Caddy/Iron Mat (free pattern)
_____ Seminole Piecing (free)

T-Shirt Order: (Fees to be paid at seminar.)

How many _____ size(s) _____ short sleeve (pink) _____ long sleeve (pink) _____

Note or special request: _____

_____ I have never been to the Camp. Please send me directions on how to get there.

**REGISTRATION IS LIMITED TO THE FIRST 100 RECEIVED
DEADLINE IS SEPTEMBER 1**

For more information, visit us on the Web at:

<http://uteasternregion.org/fcs/Heritage%20Skills.htm>